



MONARK

LC4 novo mini

MAIN FEATURES

- Designed for external control
- Monark novo mini touch display
- Super fast motor
- Perfect fit frame for true cycling position

THE BASICS

- Perfect fit and unic cycle feeling
- Easy to use your own saddle, handlebar and pedals
- RPM independent or dependent (power or force mode)
- Easy to calibrate and controll
- Wired connection (USB)
- Wireless connection BLE (FTMS) or ANT+ (FE-C)
- HR system (ANT+)
- Connect to external devices (Monark Center or Apps).
- Continuous worklad range 10-14,00 W (at 200 rpm).
- Protocols are excited from Monark software

BLE och ANT+ via protocoll; Fitness Machine Service and Fitness Equipment Controls



Max user weight 150 kg

Monark Test Software

Wireless/Wired connection

Specifications

MONARK

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Frame	
Type	Sports, perfect fit
Handlebar	Racing handlebar
Stem	Adjustable, horizontal 120 mm, vertical 500-910 mm
Seatpost	Adjustable, horizontal 120 mm, vertical 530-940 mm
Saddle	Racing
BB	68/107 mm
Crank	Steel, 172,5 mm
Pedals	9/16", combi SPD
RESISTANCE	
System	Pendulum
Flywheel	20 kg
DISPLAY	
RPM	Yes
HR	ANT+
Time	Yes
Speed	Yes
Distance	Yes
Watt	Yes
Connectivity	
Wired connection	USBB
Wireless connection	BLE and ANT+
WEIGHT & MEASUREMENTS	
Max user weight	150 kg
Length (mm)	1405-1630 mm
Width (mm)	640 mm
Height (mm)	1265 mm at display, 1240 mm at saddle
Weight (kg)	77 kg
POWER REQUIREMENTS	220V (12V, 5,0A)

**PC CONNECTION**

Direct connection to PC through a USB cable.

**SOFTWARE**

For fitness testing and in some cases, even training can be used with this model.

**HEARTRATE**

Equipped to measure heartrate via chestbelt (ANT+)

**TEST**

Offers the possibility of performing different tests thanks to the accurate workload which can be calibrated.

**CONSTANT POWER MODE**

Maintain the set power despite change in RPM.

**FIXED PROTOCOL**

For test or training controlled through the PC software.

ISO 9001

Monark Exercise AB is since 1992 ISO 9001 certified. All our models are:

- Anti-corrosion treated and powder coated
- Made in Sweden